

Bayerischer Gewichtheber- und Kraftsportverband (BGKV e.V.)

Bayerische Rekorde der männlichen Senioren AK V

06.07.2017

Kniebeuge

| | | | | | |
|-----------|--|--|--|--|--|
| 59,0 kg | | | | | |
| 66,0 kg | | | | | |
| 74,0 kg | | | | | |
| 83,0 kg | | | | | |
| 93,0 kg | | | | | |
| 105,0 kg | | | | | |
| 120,0 kg | | | | | |
| 120,0+ kg | | | | | |

Bankdrücken

| | | | | | |
|-----------|--|--|--|--|--|
| 59,0 kg | | | | | |
| 66,0 kg | | | | | |
| 74,0 kg | | | | | |
| 83,0 kg | | | | | |
| 93,0 kg | | | | | |
| 105,0 kg | | | | | |
| 120,0 kg | | | | | |
| 120,0+ kg | | | | | |

Kreuzheben

| | | | | | |
|-----------|--|--|--|--|--|
| 59,0 kg | | | | | |
| 66,0 kg | | | | | |
| 74,0 kg | | | | | |
| 83,0 kg | | | | | |
| 93,0 kg | | | | | |
| 105,0 kg | | | | | |
| 120,0 kg | | | | | |
| 120,0+ kg | | | | | |

Total

| | | | | | |
|-----------|--|--|--|--|--|
| 59,0 kg | | | | | |
| 66,0 kg | | | | | |
| 74,0 kg | | | | | |
| 83,0 kg | | | | | |
| 93,0 kg | | | | | |
| 105,0 kg | | | | | |
| 120,0 kg | | | | | |
| 120,0+ kg | | | | | |

Bayerische Rekorde im Einzelbankdrücken

| | | | | | |
|-----------|--------------------|----------------|-------|------------|--------------|
| 59,0 kg | | | | | |
| 66,0 kg | Diepold Alexander | KSC Puch | 100,0 | 01.04.2017 | Unterölsbach |
| 74,0 kg | Kratzer Klemens/32 | SC Oberölsbach | 85,0 | 17.11.2012 | Lauchhammer |
| 83,0 kg | Kratzer Klemens/32 | SC Oberölsbach | 87,5 | 05.05.2012 | Amberg/Obpf. |
| 93,0 kg | | | | | |
| 105,0 kg | | | | | |
| 120,0 kg | | | | | |
| 120,0+ kg | | | | | |

Bayerische Rekorde im Einzelkreuzheben

| | | | | | |
|-----------|-------------------|----------|-------|------------|----------|
| 59,0 kg | | | | | |
| 66,0 kg | Diepold Alexander | KSC Puch | 135,0 | 24.06.2017 | Landshut |
| 74,0 kg | | | | | |
| 83,0 kg | | | | | |
| 93,0 kg | | | | | |
| 105,0 kg | | | | | |
| 120,0 kg | | | | | |
| 120,0+ kg | | | | | |