



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 1a

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|---------------------------|--------|--------|------|--|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer AK4 -59 kg | | | | | | | | | | | | |
| Gramsch, Hubert | 57,10 | 0,8934 | 1949 | TSG Angermünde | 95,0 | 100,0 | -102,5 | 100,0 | 100,0 | 89,3 | 51 | 1 |
| Männer AK4 -66 kg | | | | | | | | | | | | |
| Schuck, Dieter | 64,90 | 0,7962 | 1948 | AC Germania 1900 Aschaffenburg-Schweinheim | 105,0 | 110,0 | -113,5 | 110,0 | 110,0 | 87,6 | 43 | 1 |
| Werner, Ludwig | 65,50 | 0,7901 | 1938 | AC Germania 1900 Aschaffenburg-Schweinheim | 70,0 | 72,5 | -75,0 | 72,5 | 72,5 | 57,3 | 17 | 2 |
| Männer AK4 -74 kg | | | | | | | | | | | | |
| Koehl, Lothar | 72,30 | 0,7315 | 1947 | USV TU Dresden | 107,5 | -112,5 | -115,0 | 107,5 | 107,5 | 78,6 | 29 | 1 |
| Warnke, Peter | 72,20 | 0,7322 | 1946 | ESV Waren | 80,0 | 85,0 | - | 85,0 | 85,0 | 62,2 | 35 | 2 |
| Männer AK4 -83 kg | | | | | | | | | | | | |
| Rath, Hartmut | 81,20 | 0,6764 | 1945 | KSV Essen 1888 | 115,0 | -120,0 | -120,0 | 115,0 | 115,0 | 77,8 | 36 | 1 |
| Schötz, Rainer | 81,20 | 0,6764 | 1943 | SC Oberölsbach | 110,0 | 115,0 | -117,5 | 115,0 | 115,0 | 77,8 | 47 | 2 |
| Ute, Gunter | 80,60 | 0,6795 | 1948 | Preetzer TSV | 100,0 | 110,0 | -115,0 | 110,0 | 110,0 | 74,7 | 14 | 3 |
| Köhler, Helmut | 83,30 | 0,6661 | 1949 | KSV Mainz 08 | -80,0 | 80,0 | -85,0 | 80,0 | 80,0 | 53,3 | 26 | 4 |
| Lorenz, Horst | | | 1940 | SV Motor Eberswalde | | | | | | | | |
| Männer AK4 -93 kg | | | | | | | | | | | | |
| De Groot, Fredrik | 89,30 | 0,6410 | 1943 | 1. SV Pößneck | 80,0 | 85,0 | 90,0 | 90,0 | 90,0 | 57,7 | 38 | 1 |
| Männer AK4 -105 kg | | | | | | | | | | | | |
| Thürk, Hans-Joachim | 100,00 | 0,6086 | 1949 | Greifenpower e.V. | -122,5 | 122,5 | 130,0 | 130,0 | 130,0 | 79,1 | 70 | 1 |
| Männer AK4 -120 kg | | | | | | | | | | | | |
| Richter, Werner | 112,30 | 0,5849 | 1947 | Body-Aktiv-Oberhausen | 180,0 | 191,0 | -195,0 | 191,0 | 191,0 | 111,7 | 13 | 1 |
| Männer AK4 +120 kg | | | | | | | | | | | | |
| Schwertz, Volker | 144,40 | 0,5563 | 1947 | SC Lüchow | 80,0 | 90,0 | 92,5 | 92,5 | 92,5 | 51,5 | 21 | 1 |
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blau markierte Versuche=DR

Hauptkampfrichter
NAME: David Stuckatz
ID-Nummer: 3637

Seitenkampfrichter
NAME: Andreas Schmitt
ID-Nummer: 2233

Seitenkampfrichter
NAME: Sandrino Herder
ID-Nummer: 4724



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 1b

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|--------------------------|-------|--------|------|--------------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer AK3 -66 kg | | | | | | | | | | | | |
| Alkan, Ali | 65,60 | 0,7891 | 1950 | Athletik Club 1892 Weinheim | 72,5 | 77,5 | -80,0 | 77,5 | 77,5 | 61,2 | 59 | 1 |
| Männer AK3 -74 kg | | | | | | | | | | | | |
| Heinrich, Detlef | 73,40 | 0,7235 | 1956 | TSV 1860 Stralsund | 140,0 | -145,0 | 145,0 | 145,0 | 145,0 | 104,9 | 18 | 1 |
| Griesch, Klaus | 73,70 | 0,7214 | 1959 | Iron Athletik Sportclub Erfurt | 125,0 | 135,0 | -145,5 | 135,0 | 135,0 | 97,4 | 33 | 2 |
| Graupner, Joachim | | | 1958 | USV TU Dresden | | | | | | | | |
| Männer AK3 -83 kg | | | | | | | | | | | | |
| Heinrich, Frank | 82,10 | 0,6719 | 1958 | TSV 1860 Stralsund | 127,5 | 135,0 | -137,5 | 135,0 | 135,0 | 90,7 | 5 | 1 |
| Baumeister, Gerhard | 82,20 | 0,6714 | 1952 | Athletik Club 1892 Weinheim | 127,5 | -135,0 | -140,0 | 127,5 | 127,5 | 85,6 | 2 | 2 |
| Hook, Hans-Joachim | 80,00 | 0,6827 | 1954 | AC 1888 Marburg | 120,0 | 122,5 | 125,0 | 125,0 | 125,0 | 85,3 | 37 | 3 |
| Thomas, Rainer | 81,40 | 0,6754 | 1950 | SV Motor Barth | 120,0 | -127,5 | -127,5 | 120,0 | 120,0 | 81,0 | 64 | 4 |
| Leister, Peter | 80,80 | 0,6785 | 1958 | Kraftsportverein 1959 Langen | 110,0 | 115,0 | -120,0 | 115,0 | 115,0 | 78,0 | 73 | 5 |
| Gelhar, Karsten | 81,10 | 0,6769 | 1957 | TSV 90 Zehdenick | 82,5 | 90,0 | - | 90,0 | 90,0 | 60,9 | 68 | 6 |
| Männer AK3 -93 kg | | | | | | | | | | | | |
| Nerb, Franz | 90,80 | 0,6356 | 1959 | KKC Bodyfit | -150,0 | 155,0 | 157,5 | 157,5 | 157,5 | 100,1 | 54 | 1 |
| Meister, Horst | 88,80 | 0,6428 | 1955 | Powerlifting Duisburg | 142,5 | 150,0 | 155,0 | 155,0 | 155,0 | 99,6 | 26 | 2 |
| Herrmann, Reinhard | 90,10 | 0,6380 | 1950 | Polizeisportverein Schwedt/O. | 120,0 | 122,5 | -130,0 | 122,5 | 122,5 | 78,2 | 27 | 3 |
| Warne, Ingo | 89,10 | 0,6417 | 1959 | ESV Waren | 115,0 | 120,0 | -122,5 | 120,0 | 120,0 | 77,0 | 6 | 4 |
| Hempel, Falk | | | 1952 | Kraft und Figur Hoyerswerda | | | | | | | | |
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blau markierte Versuche=DR

Hauptkampfrichter
NAME: David Stuckatz
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Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 1c

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|---------------------------|--------|--------|------|------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer AK3 -105 kg | | | | | | | | | | | | |
| Seitz, Josef | 104,30 | 0,5990 | 1956 | SC Oberölsbach | 140,0 | 145,0 | -150,0 | 145,0 | 145,0 | 86,9 | 16 | 1 |
| Ahrens, Torsten | 98,50 | 0,6123 | 1959 | Greifenpower | 130,0 | 135,0 | -140,0 | 135,0 | 135,0 | 82,7 | 50 | 2 |
| Hayn, Uwe | 97,40 | 0,6152 | 1959 | KKSV Sonneberg | 115,0 | 125,0 | 127,5 | 127,5 | 127,5 | 78,4 | 57 | 3 |
| Krebs, Stephan | 95,30 | 0,6211 | 1959 | SV Rotation Langenbach | 115,0 | -120,0 | -125,0 | 115,0 | 115,0 | 71,4 | 55 | 4 |
| Männer AK3 -120 kg | | | | | | | | | | | | |
| Wieninger, Werner | 112,70 | 0,5843 | 1957 | KKC Bodyfit | 165,0 | 172,5 | 175,0 | 175,0 | 175,0 | 102,3 | 4 | 1 |
| Pollmann, Jörg | 110,80 | 0,5872 | 1959 | Body-Aktiv-Oberhausen | 155,0 | 165,0 | -172,5 | 165,0 | 165,0 | 96,9 | 40 | 2 |
| Hasse, Helmut | 109,50 | 0,5893 | 1959 | TSG Angermünde | 125,0 | 130,0 | 137,5 | 137,5 | 137,5 | 81,0 | 39 | 3 |
| Dörfert, Uwe | 115,10 | 0,5809 | 1959 | Powerlifting Duisburg | 125,0 | 132,5 | -137,5 | 132,5 | 132,5 | 77,0 | 41 | 4 |
| Kienas, Peter | 111,20 | 0,5866 | 1957 | TSV 90 Zehdenick | -105,0 | -105,0 | -105,0 | | | | 15 | - |
| Männer AK3 +120 kg | | | | | | | | | | | | |
| Paul, Harald | 123,50 | 0,5713 | 1954 | FSV Blau-Weiß Bergen | 137,5 | 145,0 | 150,0 | 150,0 | 150,0 | 85,7 | 72 | 1 |
| Rangnit, Helmut Gerhard | 127,70 | 0,5675 | 1956 | Body-Aktiv-Oberhausen | 127,5 | -140,0 | 140,0 | 140,0 | 140,0 | 79,5 | 56 | 2 |
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Hauptkampfrichter
NAME: David Stuckatz
ID-Nummer: 3637

Seitenkampfrichter
NAME: Andreas Schmitt
ID-Nummer: 2233

Seitenkampfrichter
NAME: Sandrino Herder
ID-Nummer: 4724



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Frauen

Gruppe 2a

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|--------------------------|-------|--------|------|------------------------------|-------------|-------|-------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Frauen AK2 -47 kg | | | | | | | | | | | | |
| Friedrich, Marion | 44,30 | 1,4017 | 1965 | Polzeisportverein Schwedt/O. | 67,5 | -72,5 | 72,5 | 72,5 | 72,5 | 101,6 | 1 | 1 |
| Frauen AK2 -57 kg | | | | | | | | | | | | |
| Hirner, Gabriela | | | 1965 | KSC Amberg II | | | | | | | | |
| Frauen AK2 -63 kg | | | | | | | | | | | | |
| Krumbholz, Elke | 60,40 | 1,1092 | 1960 | Sportverein Fellbach 1890 | 60,0 | 67,5 | 70,0 | 70,0 | 70,0 | 77,6 | 69 | 1 |
| Frauen AK2 -72 kg | | | | | | | | | | | | |
| Haas, Regina | 71,10 | 0,9843 | 1962 | KSC Puch | 95,0 | 100,0 | 105,0 | 105,0 | 105,0 | 103,4 | 49 | 1 |
| Lohmann, Claudine | 67,70 | 1,0185 | 1963 | VfB Friedrichshafen | 75,0 | 80,0 | 82,5 | 82,5 | 82,5 | 84,0 | 67 | 2 |
| Lange, Andrea | 67,50 | 1,0206 | 1965 | TV Röhlinghausen | 77,5 | -80,0 | 80,0 | 80,0 | 80,0 | 81,7 | 42 | 3 |
| Häuser, Ursula | 70,10 | 0,9939 | 1960 | Fitness-Club Rhein-Main | 72,5 | 77,5 | -82,5 | 77,5 | 77,5 | 77,0 | 44 | 4 |
| Lerach, Elke | 68,70 | 1,0079 | 1966 | KSC Frauenau | 57,5 | 62,5 | -65,0 | 62,5 | 62,5 | 63,0 | 9 | 5 |
| Frauen AK2 -84 kg | | | | | | | | | | | | |
| Wunderlich, Sylvia | 73,80 | 0,9604 | 1965 | KSC Puch | 70,0 | 72,5 | 75,0 | 75,0 | 75,0 | 72,0 | 10 | 1 |
| Frauen AK3 -63 kg | | | | | | | | | | | | |
| Thimm, Anita | 58,20 | 1,1416 | 1950 | Kraftsportverein 1959 Langen | 60,0 | 65,0 | 67,5 | 67,5 | 67,5 | 77,1 | 58 | 1 |
| Winkel, Marlies | 61,90 | 1,0884 | 1957 | TV Röhlinghausen | 67,5 | -70,0 | -70,0 | 67,5 | 67,5 | 73,5 | 32 | 2 |
| Schütte-Albert, Sabine | 61,00 | 1,1007 | 1959 | Powerlifting Duisburg | -42,5 | -42,5 | 42,5 | 42,5 | 42,5 | 46,8 | 66 | 3 |
| Frauen AK3 -72 kg | | | | | | | | | | | | |
| Giersberg, Monika | 65,20 | 1,0467 | 1953 | A.C.E. 1974 Gießen | 55,0 | -60,0 | 60,0 | 60,0 | 60,0 | 62,8 | 46 | 1 |
| Frauen AK3 +84 kg | | | | | | | | | | | | |
| Speth, Eva | 92,20 | 0,8558 | 1954 | TSV Burgau | 85,0 | 90,0 | 92,5 | 92,5 | 92,5 | 79,2 | 34 | 1 |
| Frauen AK4 -63 kg | | | | | | | | | | | | |
| McSwain, Dagmar | 58,50 | 1,1371 | 1944 | Turngemeinde Landshut 1861 | 45,0 | 47,5 | 50,0 | 50,0 | 50,0 | 56,9 | 48 | 1 |

Hauptkampfrichter
NAME: Kasten Gelhar
ID-Nummer: 3846

Seitenkampfrichter
NAME: Mario Sülzenbrück
ID-Nummer: 4255

Seitenkampfrichter
NAME: Peter Reck
ID-Nummer: 5528



Bundesverband Deutscher Kraftdreikämpfer e.V. Deutsche Meisterschaften im Bankdrücken RAW - Frauen

Gruppe 2b

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|--------------------------|-------|--------|------|------------------------------------|-------------|-------|-------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Frauen AK1 -57 kg | | | | | | | | | | | | |
| Possehl, Zaneta | 56,20 | 1,1733 | 1977 | Greifenpower | 67,5 | 72,5 | 77,5 | 77,5 | 77,5 | 90,9 | 63 | 1 |
| Rummel, Martina | | | 1976 | KSC Puch | | | | | | | | |
| Frauen AK1 -63 kg | | | | | | | | | | | | |
| Ludwig, Ivonne | 57,80 | 1,1478 | 1977 | SG Fortschritt Eibau | 57,5 | -62,5 | 62,5 | 62,5 | 62,5 | 71,7 | 62 | 1 |
| Augustiniok, Doris | 59,00 | 1,1295 | 1971 | Turngemeinde Landshut 1861 | 57,5 | 62,5 | -65,0 | 62,5 | 62,5 | 70,6 | 19 | 2 |
| Brandt, Simone | | | 1974 | SV Rotation Langenbach | | | | | | | | |
| Frauen AK1 -72 kg | | | | | | | | | | | | |
| Börsch, Nicole | 68,00 | 1,0153 | 1976 | AC Power Elite Haiger | 100,0 | 105,0 | 109,0 | 109,0 | 109,0 | 110,7 | 11 | 1 |
| Scholz, Ina | 67,30 | 1,0228 | 1978 | KBV Bautzen | 82,5 | 87,5 | -92,5 | 87,5 | 87,5 | 89,5 | 20 | 2 |
| Röhrich, Andrea | 69,60 | 0,9988 | 1978 | Polizeisportverein Schwedt/O. | 72,5 | 77,5 | 80,0 | 80,0 | 80,0 | 79,9 | 75 | 3 |
| Reif, Annette | 71,60 | 0,9797 | 1974 | SC Oberölsbach | 60,0 | 65,0 | -67,5 | 65,0 | 65,0 | 63,7 | 24 | 4 |
| Frauen AK1 -84 kg | | | | | | | | | | | | |
| Groß, Christine | 75,70 | 0,9452 | 1979 | Greifenpower | 85,0 | - | - | 85,0 | 85,0 | 80,3 | 53 | 1 |
| Müller-Freye, Karina | 82,00 | 0,9028 | 1970 | Todtglüsinger Sportverein von 1930 | 72,5 | 77,5 | -80,0 | 77,5 | 77,5 | 70,0 | 3 | 2 |
| Frauen AK1 +84 kg | | | | | | | | | | | | |
| Denz, Jeannette | 92,60 | 0,8543 | 1974 | Greifenpower | 77,5 | 82,5 | 85,0 | 85,0 | 85,0 | 72,6 | 25 | 1 |
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blau markierte Versuche=DR

Hauptkampfrichter
NAME: Kasten Gelhar
ID-Nummer: 3846

Seitenkampfrichter
NAME: Mario Sülzenbrück
ID-Nummer: 4255

Seitenkampfrichter
NAME: Peter Reck
ID-Nummer: 5528



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 3a

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|--------------------------|-------|--------|------|--------------------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer AK2 -74 kg | | | | | | | | | | | | |
| Pöhls, Andreas | 73,20 | 0,7249 | 1968 | Greifenpower | 145,0 | 150,5 | -152,5 | 150,5 | 150,5 | 109,1 | 63 | 1 |
| Bahr, Frank | 71,60 | 0,7367 | 1965 | Kraftsport Colonia | 120,0 | 127,5 | 130,0 | 130,0 | 130,0 | 95,8 | 48 | 2 |
| Riggle, Alexander | 71,80 | 0,7352 | 1966 | TSV Burgau | 122,5 | 125,0 | 127,5 | 127,5 | 127,5 | 93,7 | 65 | 3 |
| Friedrich, Veiko | 73,70 | 0,7214 | 1964 | Polizeisportverein Schwedt/O. | 112,5 | -122,5 | -122,5 | 112,5 | 112,5 | 81,2 | 60 | 4 |
| Asmus, Roland | | | 1960 | SV Motor Eberswalde | | | | | | | | |
| Gottschalk, Willibald | | | 1965 | SC Oberölsbach | | | | | | | | |
| Müller, Frank | | | 1968 | AC 1888 Marburg | | | | | | | | |
| Männer AK2 -83 kg | | | | | | | | | | | | |
| Berndt, Roy | 81,60 | 0,6744 | 1966 | SV Rotation Langenbach | 145,0 | 150,0 | -155,0 | 150,0 | 150,0 | 101,2 | 8 | 1 |
| Surma, Dirk | 82,80 | 0,6685 | 1967 | KSV Fitnesskreis | 135,0 | 142,5 | -147,5 | 142,5 | 142,5 | 95,3 | 4 | 2 |
| Götzke, Detlef | 81,50 | 0,6749 | 1962 | Spiel und Sportverein Samswegen 1884 | 137,5 | -145,0 | -145,0 | 137,5 | 137,5 | 92,8 | 45 | 3 |
| Kapustavicius, Romualdas | 77,80 | 0,6951 | 1969 | Kraftsportverein 1959 Langen | 130,0 | 135,0 | -140,0 | 135,0 | 135,0 | 93,8 | 11 | 4 |
| Besser, Reiner | 81,30 | 0,6759 | 1965 | AC-Lauchhammer | 125,0 | 130,0 | -135,0 | 130,0 | 130,0 | 87,9 | 49 | 5 |
| Torff, Thomas | 80,60 | 0,6795 | 1961 | AC Heros Berlin | 110,0 | 115,0 | -117,5 | 115,0 | 115,0 | 78,1 | 61 | 6 |
| Augustiniok, Stefan | 80,80 | 0,6785 | 1969 | Turngemeinde Landshut 1861 | 105,0 | 110,0 | 112,5 | 112,5 | 112,5 | 76,3 | 31 | 7 |
| Schröter, Friedhelm | 79,20 | 0,6871 | 1961 | Kraftsportverein 1959 Langen | -140,0 | -140,0 | -140,0 | | | | 24 | - |
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blau markierte Versuche=DR

Hauptkampfrichter
 NAME: Günter Runniger
 ID-Nummer: 3231

Seitenkampfrichter
 NAME: Sonja Graumann
 ID-Nummer: 2136

Seitenkampfrichter
 NAME: Florian Apitius
 ID-Nummer: 2554



Bundesverband Deutscher Kraftdreikämpfer e.V. Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 3b

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|--------------------------|-------|--------|------|------------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer AK2 -93 kg | | | | | | | | | | | | |
| Semskij, Klaus | 91,70 | 0,6325 | 1964 | STC Bavaria 20 Landshut | 176,0 | 182,5 | -185,0 | 182,5 | 182,5 | 115,4 | 53 | 1 |
| Hering, Uwe | 92,90 | 0,6285 | 1963 | Kraftsportverein Bad Lausick | 155,0 | 162,5 | -170,0 | 162,5 | 162,5 | 102,1 | 67 | 2 |
| Jacob, Klaus-Dieter | 92,00 | 0,6315 | 1961 | TSV 90 Zehdenick | 125,0 | 140,0 | 145,0 | 145,0 | 145,0 | 91,6 | 30 | 3 |
| Thiemann, Jan | 92,50 | 0,6298 | 1966 | FC Erzgebirge Aue | 140,0 | 145,0 | -152,5 | 145,0 | 145,0 | 91,3 | 69 | 4 |
| Hermann, Rudi | 86,00 | 0,6540 | 1963 | AC 1888 Marburg | 130,0 | -135,0 | -135,0 | 130,0 | 130,0 | 85,0 | 32 | 5 |
| Dittrich, Norbert | 90,90 | 0,6352 | 1964 | SV Grieben 47 | 115,0 | 122,5 | -125,0 | 122,5 | 122,5 | 77,8 | 12 | 6 |
| Schultze, Steffen | 91,30 | 0,6338 | 1967 | SV Kraft Eberswalde | 115,0 | 120,0 | -122,5 | 120,0 | 120,0 | 76,1 | 36 | 7 |
| Weilmünster, Stefan | 90,60 | 0,6363 | 1968 | AC 1888 Marburg | 110,0 | 115,0 | -117,5 | 115,0 | 115,0 | 73,2 | 23 | 8 |
| Lang, Diethard | 92,50 | 0,6298 | 1961 | SV Rotation Langenbach | 105,0 | 110,0 | -112,5 | 110,0 | 110,0 | 69,3 | 34 | 9 |
| Kalmutzke, Ortwin | 90,60 | 0,6363 | 1963 | TSV 90 Zehdenick | 90,0 | -97,5 | -97,5 | 90,0 | 90,0 | 57,3 | 58 | 10 |
| Hänsicke, Peer | 92,80 | 0,6288 | 1961 | SV Kraft Eberswalde | -160,0 | -162,5 | -162,5 | | | | 22 | - |
| Kling, Andreas | | | 1966 | TSV Burgau | | | | | | | | |
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blau markierte Versuche=DR

Hauptkampfrichter
NAME: Günter Runniger
ID-Nummer: 3231

Seitenkampfrichter
NAME: Sonja Graumann
ID-Nummer: 2136

Seitenkampfrichter
NAME: Anita Thimm
ID-Nummer: 3032



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 3c

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|---------------------------|--------|--------|------|--------------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer AK2 -105 kg | | | | | | | | | | | | |
| Pecht, Torsten | 102,20 | 0,6035 | 1964 | Greifenpower | 190,0 | 200,0 | -205,5 | 200,0 | 200,0 | 120,7 | 71 | 1 |
| Vogel, Andree | 104,20 | 0,5992 | 1966 | USV TU Dresden | 162,5 | 167,5 | -172,5 | 167,5 | 167,5 | 100,4 | 28 | 2 |
| Sharov, Oleksandr | 103,60 | 0,6004 | 1964 | KSV-Lippe-Bad-Salzuflen | 152,5 | 160,0 | -162,5 | 160,0 | 160,0 | 96,1 | 2 | 3 |
| Vitzthum, Steffen | 98,90 | 0,6113 | 1968 | Iron Athletik Sportclub Erfurt | 140,0 | 145,0 | -150,0 | 145,0 | 145,0 | 88,6 | 25 | 4 |
| Bruntsch, Frank | 102,50 | 0,6028 | 1960 | Polizeisportverein Schwedt/O. | 130,0 | 140,0 | - | 140,0 | 140,0 | 84,4 | 66 | 5 |
| Löw, Joachim | 101,20 | 0,6057 | 1963 | AC 1888 Marburg | 132,5 | 137,5 | -140,0 | 137,5 | 137,5 | 83,3 | 33 | 6 |
| Coburger, Marcus | 101,80 | 0,6044 | 1964 | Kraftsportverein 1959 Langen | -125,0 | 125,0 | - | 125,0 | 125,0 | 75,6 | 52 | 7 |
| Freund, Klaus | 103,40 | 0,6009 | 1965 | AC Bavaria Forchheim 1908 | 117,5 | 125,0 | -130,0 | 125,0 | 125,0 | 75,1 | 38 | 8 |
| Schmitt, Andreas | 99,60 | 0,6096 | 1965 | Athletik Club 1892 Weinheim | 117,5 | -122,5 | -125,0 | 117,5 | 117,5 | 71,6 | 9 | 9 |
| Wudtke, Martin | 100,60 | 0,6071 | 1967 | Greifenpower | -152,5 | -152,5 | - | | | | 74 | - |
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Hauptkampfrichter
 NAME: Günter Runniger
 ID-Nummer: 3231

Seitenkampfrichter
 NAME: Sonja Graumann
 ID-Nummer: 2136

Seitenkampfrichter
 NAME: Anita Thimm
 ID-Nummer: 3032



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 4a

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|--------------------------|-------|--------|------|-------------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer AK1 -66 kg | | | | | | | | | | | | |
| Roese, Maik | 65,90 | 0,7862 | 1979 | Greifenpower | 105,0 | 110,0 | -115,0 | 110,0 | 110,0 | 86,5 | 34 | 1 |
| Männer AK1 -74 kg | | | | | | | | | | | | |
| Schlüter, Patrick | 72,60 | 0,7293 | 1978 | KSC Amberg II | 132,5 | 140,0 | 145,0 | 145,0 | 145,0 | 105,7 | 22 | 1 |
| Beckmann, Christian | 71,70 | 0,7360 | 1976 | AC Goliath 20 Mengede | 135,0 | 137,5 | 142,5 | 142,5 | 142,5 | 104,9 | 50 | 2 |
| Gallin, Sascha | 71,30 | 0,7390 | 1975 | AC Heros Berlin | 122,5 | 125,0 | 127,5 | 127,5 | 127,5 | 94,2 | 44 | 3 |
| Bochmann, Danny | 74,00 | 0,7193 | 1976 | SV Rotation Langenbach | 115,0 | 120,0 | -127,5 | 120,0 | 120,0 | 86,3 | 52 | 4 |
| Männer AK1 -83 kg | | | | | | | | | | | | |
| Woysch, Guido | 79,70 | 0,6843 | 1979 | SV Kraft Eberswalde | -140,0 | 140,0 | 145,0 | 145,0 | 145,0 | 99,2 | 38 | 1 |
| Röhner, Christian | 80,80 | 0,6785 | 1977 | KKS SV Sonneberg | 130,0 | 140,0 | -145,0 | 140,0 | 140,0 | 95,0 | 45 | 2 |
| Golda, Yves | 80,60 | 0,6795 | 1973 | Annaberger Kraftsportclub | 125,0 | 132,5 | -140,0 | 132,5 | 132,5 | 90,0 | 63 | 3 |
| Kahlfeld, Stefan | 80,70 | 0,6790 | 1974 | Polizeisportverein Schwedt/O. | 115,0 | -122,5 | -122,5 | 115,0 | 115,0 | 78,1 | 21 | 4 |
| Kluwe, Jan | 81,20 | 0,6764 | 1974 | Fitnessclub Spandau | -140,0 | -140,0 | -140,0 | | | | 15 | - |
| Rinderer, Richard | | | 1972 | STC Bavaria 20 Landshut | | | | | | | | |
| Schunk, Ricardo | | | 1970 | TSV Katzwang 05 | | | | | | | | |
| Männer AK2 -59 kg | | | | | | | | | | | | |
| Wendlandt, Achim | 57,50 | 0,8874 | 1960 | SV Motor Eberswalde | 92,5 | -95,0 | -95,0 | 92,5 | 92,5 | 82,1 | 9 | 1 |
| Wunderlich, Frank | 58,40 | 0,8745 | 1964 | KSC Puch | -92,5 | 92,5 | -95,0 | 92,5 | 92,5 | 80,9 | 42 | 2 |
| Männer AK2 -66 kg | | | | | | | | | | | | |
| Staegemann, Maik | 65,50 | 0,7901 | 1969 | Greifenpower | 115,0 | 117,5 | -123,0 | 117,5 | 117,5 | 92,8 | 32 | 1 |
| Beran, Steffen | 63,10 | 0,8155 | 1968 | Union 1861 Schönebeck | 90,0 | 97,5 | -105,0 | 97,5 | 97,5 | 79,5 | 24 | 2 |
| Sakinc, Kemal | 65,60 | 0,7891 | 1965 | AV Vorwärts 05 Groß-Zimmern | -115,0 | - | - | | | | 59 | - |
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Hauptkampfrichter
NAME: Günter Runniger
ID-Nummer: 3231

Seitenkampfrichter
NAME: Sonja Graumann
ID-Nummer: 2136

Seitenkampfrichter
NAME: Diethard Lang
ID-Nummer: 3712



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 4b

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|---------------------------|--------|--------|------|--|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer AK2 -120 kg | | | | | | | | | | | | |
| Zimmermann, Wolfgang | 117,40 | 0,5780 | 1968 | KSC Amberg II | 200,0 | 206,0 | -211,5 | 206,0 | 206,0 | 119,1 | 56 | 1 |
| Kircher, Achim | 114,20 | 0,5821 | 1968 | AC Siegfried Darmstadt | 182,5 | -190,0 | 192,5 | 192,5 | 192,5 | 112,1 | 71 | 2 |
| Salomo, Silko | 113,20 | 0,5836 | 1968 | Ac-Amberg | 175,0 | 185,0 | -192,5 | 185,0 | 185,0 | 108,0 | 30 | 3 |
| Müller, Thomas | 107,20 | 0,5933 | 1962 | Polzeisportverein Schwedt/O. | 150,0 | 160,0 | 162,5 | 162,5 | 162,5 | 96,4 | 19 | 4 |
| Sokolow, Andrej | 112,90 | 0,5840 | 1969 | Iron Athletik Sportclub Erfurt | 155,0 | 160,0 | -162,5 | 160,0 | 160,0 | 93,4 | 10 | 5 |
| Waehnke, Olaf | 117,20 | 0,5782 | 1964 | Greifenpower | 152,5 | 160,0 | -162,5 | 160,0 | 160,0 | 92,5 | 58 | 6 |
| Bailleu, Dirk | 114,30 | 0,5820 | 1965 | Greifenpower | 155,0 | -160,0 | -160,0 | 155,0 | 155,0 | 90,2 | 66 | 7 |
| Schulze, Jörg | 113,20 | 0,5836 | 1966 | Power Gym Wiesbaden | 145,0 | -150,0 | -150,0 | 145,0 | 145,0 | 84,6 | 13 | 8 |
| Lange, Thomas | 111,90 | 0,5855 | 1967 | TSV 90 Zehdenick | 105,0 | 112,5 | 120,0 | 120,0 | 120,0 | 70,3 | 60 | 9 |
| Männer AK2 +120 kg | | | | | | | | | | | | |
| Antic, Petar | 126,70 | 0,5683 | 1968 | A.C.E. 1974 Gießen | 190,0 | 200,0 | 206,5 | 206,5 | 206,5 | 117,4 | 2 | 1 |
| Haug, Georg | 153,80 | 0,5513 | 1965 | Powerlifting Duisburg | -187,5 | 190,0 | -202,5 | 190,0 | 190,0 | 104,7 | 48 | 2 |
| Rekittke, Jürgen | 170,70 | 0,5428 | 1969 | Powerlifting Duisburg | 175,0 | -185,0 | -187,5 | 175,0 | 175,0 | 95,0 | 11 | 3 |
| Meyer, Bernd | 125,30 | 0,5696 | 1961 | Greifenpower | 150,0 | 165,0 | -175,0 | 165,0 | 165,0 | 94,0 | 68 | 4 |
| Schult, Torsten | 144,50 | 0,5562 | 1963 | Schleswig 06 / 1. Schleswiger Sportverein 1906 | -185,0 | -185,0 | -185,0 | | | | 61 | - |
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blau markierte Versuche=DR

Hauptkampfrichter
 NAME: Günter Runniger
 ID-Nummer: 3231

Seitenkampfrichter
 NAME: Sonja Graumann
 ID-Nummer: 2136

Seitenkampfrichter
 NAME: Diethard Lang
 ID-Nummer: 3712



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 5a

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|--------------------------|-------|--------|------|--------------------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer AK1 -93 kg | | | | | | | | | | | | |
| Bretfeld, Lars | 91,60 | 0,6328 | 1978 | FC Erzgebirge Aue | 180,0 | 182,5 | -185,0 | 182,5 | 182,5 | 115,5 | 71 | 1 |
| Kühl, Jan | 92,00 | 0,6315 | 1971 | Greifenpower | 175,0 | 180,0 | -185,0 | 180,0 | 180,0 | 113,7 | 59 | 2 |
| Brandl, Olaf | 93,00 | 0,6282 | 1970 | AC Siegen | 172,5 | 175,0 | -182,5 | 175,0 | 175,0 | 109,9 | 74 | 3 |
| Schreiber, Andreas | 91,85 | 0,6320 | 1975 | Spiel und Sportverein Samswegen 1884 | 140,0 | 150,0 | 152,5 | 152,5 | 152,5 | 96,4 | 68 | 4 |
| Stuckatz, David | 91,30 | 0,6338 | 1975 | SV Großräschen | 140,0 | 145,0 | -152,5 | 145,0 | 145,0 | 91,9 | 12 | 5 |
| Heidenreich, Thomas | 91,40 | 0,6335 | 1970 | KSV-Lippe-Bad-Salzuflen | 140,0 | 142,5 | -152,5 | 142,5 | 142,5 | 90,3 | 22 | 6 |
| Freyer, Ronny | 91,15 | 0,6343 | 1973 | Greifenpower | 130,0 | -132,5 | -132,5 | 130,0 | 130,0 | 82,5 | 48 | 7 |
| Geistert, Marcus | 90,45 | 0,6368 | 1978 | KSV Zillbach | 120,0 | -122,5 | -125,0 | 120,0 | 120,0 | 76,4 | 30 | 8 |
| Olt, Markus | 85,20 | 0,6575 | 1978 | AC 1888 Marburg | 100,0 | 102,5 | -105,0 | 102,5 | 102,5 | 67,4 | 67 | 9 |
| Harrer, Mario | 90,75 | 0,6357 | 1975 | VfK Hannover v. 1903 | -150,0 | -150,0 | -150,0 | | | | 38 | - |
| Kreitl, Ronny | | | 1976 | Gothaer Bierfasshebereverein | | | | | | | | |
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Hauptkampfrichter
NAME: Wolfgang Steidle
ID-Nummer: 4087

Seitenkampfrichter
NAME: Mario Sülzenbrück
ID-Nummer: 4255

Seitenkampfrichter
NAME: Klaus-Dieter Jacob
ID-Nummer: 3848



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 5b

09.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|---------------------------|--------|--------|------|------------------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer AK1 -105 kg | | | | | | | | | | | | |
| Kucharek, Sebastian | 102,85 | 0,6020 | 1979 | AC Kaufbeuren | 175,0 | 185,0 | -195,0 | 185,0 | 185,0 | 111,4 | 57 | 1 |
| Krämer, Thomas | 103,40 | 0,6009 | 1970 | Athletik Club 1892 Weinheim | 165,0 | -175,0 | 177,5 | 177,5 | 177,5 | 106,7 | 32 | 2 |
| Dünkel, Nico | 101,05 | 0,6061 | 1978 | SV 1956 Großkochberg | 165,0 | 175,0 | -180,0 | 175,0 | 175,0 | 106,1 | 72 | 3 |
| Männer AK1 -120 kg | | | | | | | | | | | | |
| Reimling, Ronny | 117,70 | 0,5776 | 1976 | SV Rotation Langenbach | 195,0 | 200,0 | -205,0 | 200,0 | 200,0 | 115,5 | 56 | 1 |
| Hallor, Mattias | 106,90 | 0,5939 | 1976 | Corpus Fitness Weightplayers 1999 | 195,0 | -202,5 | -205,0 | 195,0 | 195,0 | 115,8 | 61 | 2 |
| Müller, Sven | 117,15 | 0,5783 | 1975 | SV Motor Eberswalde | 185,0 | -192,5 | -200,0 | 185,0 | 185,0 | 107,0 | 52 | 3 |
| Gorges, Marco | 111,60 | 0,5860 | 1973 | Iron Athletik Sportclub Erfurt | 180,0 | -185,0 | -185,0 | 180,0 | 180,0 | 105,5 | 63 | 4 |
| Schmid-Gursky, Marco | 113,10 | 0,5837 | 1976 | Gothaer Bierfassheberverein | 175,0 | -180,0 | - | 175,0 | 175,0 | 102,1 | 36 | 5 |
| Peli, Martin | 105,05 | 0,5975 | 1977 | PSV Blau Gelb Fulda | -155,0 | - | - | | | | 9 | - |
| Beck, Oliver | | | 1975 | Kraftsport und Fitness Hennigsdorf | | | | | | | | |
| Männer AK1 +120 kg | | | | | | | | | | | | |
| Hinz, Thorsten | 126,05 | 0,5689 | 1974 | Power Gym Wiesbaden | 190,0 | 205,0 | 212,5 | 212,5 | 212,5 | 120,9 | 60 | 1 |
| Wolf, Sascha | 139,60 | 0,5590 | 1977 | SV Rotation Langenbach | 195,0 | 205,0 | 212,5 | 212,5 | 212,5 | 118,8 | 50 | 2 |
| Brunnenkref, Thomas | 126,45 | 0,5685 | 1977 | Greifenpower | 175,0 | -180,0 | -180,0 | 175,0 | 175,0 | 99,5 | 19 | 3 |
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Hauptkampfrichter
 NAME: Wolfgang Steidle
 ID-Nummer: 4087

Seitenkampfrichter
 NAME: Mario Sülzenbrück
 ID-Nummer: 4255

Seitenkampfrichter
 NAME: Klaus-Dieter Jacob
 ID-Nummer: 3848



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Frauen

Gruppe 6a

10.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|-------------------------------|-------|--------|------|--|-------------|-------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Frauen Jugend -72 kg | | | | | | | | | | | | |
| Vissers, Zoe Delia | 67,60 | 1,0195 | 2001 | Kraftsportverein 1959 Langen | 70,0 | 75,0 | -80,0 | 75,0 | 75,0 | 76,5 | 19 | 1 |
| Frauen Jugend +84 kg | | | | | | | | | | | | |
| Kunze, Selina | 98,10 | 0,8374 | 2006 | Kraftsportverein Weissensee | 32,5 | 40,0 | -45,0 | 40,0 | 40,0 | 33,5 | 50 | 1 |
| Frauen Junioren -52 kg | | | | | | | | | | | | |
| Berger, Emely Martha | 50,40 | 1,2769 | 2000 | TV Jahn Siegen | 52,5 | 55,0 | 57,5 | 57,5 | 57,5 | 73,4 | 45 | 1 |
| Frauen Junioren -57 kg | | | | | | | | | | | | |
| Zukale, Sarah | 53,20 | 1,2248 | 1999 | SV Hellas 09 Oranienbaum | 45,0 | -47,5 | 47,5 | 47,5 | 47,5 | 58,2 | 61 | 1 |
| Frauen Junioren -63 kg | | | | | | | | | | | | |
| Feuerer, Fiona | 62,00 | 1,0871 | 1998 | ESV München-Neuaubing | 95,0 | 100,0 | -105,5 | 100,0 | 100,0 | 108,7 | 9 | 1 |
| Thiele, Elisabeth | 58,80 | 1,1325 | 1998 | Annaberger Kraftsportclub | 47,5 | 52,5 | -55,0 | 52,5 | 52,5 | 59,5 | 58 | 2 |
| Frauen Junioren -72 kg | | | | | | | | | | | | |
| Augustiniok, Sandra | 69,20 | 1,0028 | 1999 | Turngemeinde Landshut 1861 | 80,0 | 85,0 | 90,0 | 90,0 | 90,0 | 90,3 | 16 | 1 |
| Frauen Junioren -84 kg | | | | | | | | | | | | |
| Huning, Julia | 75,20 | 0,9491 | 1996 | SV Quitt Ankum 1919 | 75,0 | 77,5 | 80,0 | 80,0 | 80,0 | 75,9 | 68 | 1 |
| Muske, Alina Marthe | 76,80 | 0,9369 | 1999 | Schleswig 06 / 1. Schleswiger Sportverein 1906 | 65,0 | -70,0 | 70,0 | 70,0 | 70,0 | 65,6 | 20 | 2 |
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Hauptkampfrichter
 NAME: Anita Thimm
 ID-Nummer: 3032

Seitenkampfrichter
 NAME: Marco Schmid-Gursky
 ID-Nummer: 4515

Seitenkampfrichter
 NAME: Karina Müller-Freye
 ID-Nummer: 4028



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Frauen

Gruppe 6b

10.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|-----------------------------|-------|--------|------|--|-------------|-------|-------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Frauen Aktive -52 kg | | | | | | | | | | | | |
| Matsokina, Evgenija | 51,10 | 1,2635 | 1990 | SV Quitt Ankum 1919 | 50,0 | 55,0 | -60,0 | 55,0 | 55,0 | 69,5 | 36 | 1 |
| Frauen Aktive -57 kg | | | | | | | | | | | | |
| Bogner, Sabrina | 56,30 | 1,1717 | 1980 | AC Germania 1900 Aschaffenburg-Schweinheim | 55,0 | 60,0 | 62,5 | 62,5 | 62,5 | 73,2 | 57 | 1 |
| von Rahden, Steffi | 55,50 | 1,1849 | 1985 | Fitness-Club Rhein-Main | 47,5 | 50,0 | -52,5 | 50,0 | 50,0 | 59,3 | 14 | 2 |
| Haindl, Katja | | | 1994 | Turngemeinde Landshut 1861 | | | | | | | | |
| Frauen Aktive -63 kg | | | | | | | | | | | | |
| Stütz, Silvia | 62,90 | 1,0753 | 1978 | Fitness-Club Rhein-Main | -82,5 | 82,5 | -85,0 | 82,5 | 82,5 | 88,7 | 31 | 1 |
| Fydrich, Nicole | 62,70 | 1,0779 | 1981 | BSC Rapid Chemnitz | 72,5 | 77,5 | -80,0 | 77,5 | 77,5 | 83,5 | 56 | 2 |
| Gallin, Claudia | 62,60 | 1,0792 | 1984 | AC Heros Berlin | 72,5 | 75,0 | -77,5 | 75,0 | 75,0 | 80,9 | 75 | 3 |
| Lipinski, Mandy | 61,30 | 1,0966 | 1984 | Greifenpower | -62,5 | -62,5 | 62,5 | 62,5 | 62,5 | 68,5 | 21 | 4 |
| Stahl, Juliane | 61,00 | 1,1007 | 1994 | A.C.E. 1974 Gießen | 55,0 | -60,0 | -60,0 | 55,0 | 55,0 | 60,5 | 47 | 5 |
| Frauen Aktive -72 kg | | | | | | | | | | | | |
| Strauß, Stefanie | 68,60 | 1,0090 | 1982 | AC Kaufbeuren | 95,0 | 100,0 | 102,5 | 102,5 | 102,5 | 103,4 | 70 | 1 |
| Barth, Michelle | 70,30 | 0,9919 | 1994 | AC Siegfried Darmstadt | 87,5 | 92,5 | -95,0 | 92,5 | 92,5 | 91,8 | 49 | 2 |
| Brandt, Katharina | 71,10 | 0,9843 | 1984 | Greifenpower | -77,5 | -77,5 | -77,5 | | | | 59 | - |
| Frauen Aktive -84 kg | | | | | | | | | | | | |
| Beyer, Sandra | 75,00 | 0,9506 | 1988 | Fitness-Club Rhein-Main | 85,0 | 87,5 | 90,0 | 90,0 | 90,0 | 85,6 | 65 | 1 |
| Meuser, Vanessa | 75,80 | 0,9444 | 1989 | Todtglüsinger Sportverein von 1930 | 82,5 | 87,5 | -92,5 | 87,5 | 87,5 | 82,6 | 63 | 2 |
| Decker, Antje | 82,40 | 0,9005 | 1982 | SV Rotation Langenbach | 82,5 | 87,5 | -92,5 | 87,5 | 87,5 | 78,8 | 62 | 3 |
| Bosse, Juliane | | | 1993 | SV 1919 Grimma | | | | | | | | |
| Frauen Aktive +84 kg | | | | | | | | | | | | |
| Krüger, Silvia | 99,20 | 0,8346 | 1978 | Fitness-Club Rhein-Main | 80,0 | 85,0 | 90,0 | 90,0 | 90,0 | 75,1 | 60 | 1 |
| Rinderer, Tanja | | | 1984 | STC Bavaria 20 Landshut | | | | | | | | |

Hauptkampfrichter
NAME: Anita Thimm
ID-Nummer: 3032

Seitenkampfrichter
NAME: Marco Schmid-Gursky
ID-Nummer: 4515

Seitenkampfrichter
NAME: Karina Müller-Freye
ID-Nummer: 4028



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 7a

10.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|-----------------------------|-------|--------|------|-------------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer Jugend -59 kg | | | | | | | | | | | | |
| Sitte, Maximilian | 58,20 | 0,8773 | 2001 | SV Hellas 09 Oranienbaum | 105,0 | 110,0 | -115,0 | 110,0 | 110,0 | 96,5 | 67 | 1 |
| Männer Jugend -66 kg | | | | | | | | | | | | |
| Bechtholdt, Kevin | 59,20 | 0,8635 | 2002 | KSV-Lippe-Bad-Salzuflen | 100,0 | -105,0 | 105,0 | 105,0 | 105,0 | 90,7 | 25 | 1 |
| Lauer, Leon | 60,60 | 0,8452 | 2004 | A.C.E. 1974 Gießen | 90,0 | 100,0 | -105,0 | 100,0 | 100,0 | 84,5 | 60 | 2 |
| Zukale, Tobias | 64,00 | 0,8057 | 2002 | SV Hellas 09 Oranienbaum | 80,0 | -85,0 | -85,0 | 80,0 | 80,0 | 64,5 | 24 | 3 |
| Heller, Jannis | 60,40 | 0,8477 | 2005 | AC-Lauchhammer | 60,0 | 65,0 | -70,0 | 65,0 | 65,0 | 55,1 | 4 | 4 |
| Männer Jugend -74 kg | | | | | | | | | | | | |
| Wosch, Jannik | 72,10 | 0,7330 | 2003 | Kraftsportverein Bad Lausick | 100,0 | 105,0 | 110,0 | 110,0 | 110,0 | 80,6 | 21 | 1 |
| Röhricht, Domenic | 70,70 | 0,7437 | 2002 | Polizeisportverein Schwedt/O. | 95,0 | 102,5 | 105,0 | 105,0 | 105,0 | 78,1 | 31 | 2 |
| Wegener, Sebastian | 69,40 | 0,7544 | 2001 | KKSV Sonneberg | 90,0 | 100,0 | 102,5 | 102,5 | 102,5 | 77,3 | 59 | 3 |
| Häger, Joshua | | | 2004 | KSV Bochum 1898 | | | | | | | | |
| Männer Jugend -83 kg | | | | | | | | | | | | |
| Weigandt, Maximilian | 81,40 | 0,6754 | 2001 | SV Quitt Ankum 1919 | 138,5 | 144,0 | 149,5 | 149,5 | 149,5 | 101,0 | 33 | 1 |
| Daniel, Henning | 79,40 | 0,6860 | 2002 | SV Hellas 09 Oranienbaum | 130,0 | 135,0 | -137,5 | 135,0 | 135,0 | 92,6 | 42 | 2 |
| Golin, Dominik | 80,50 | 0,6800 | 2001 | KSV-Lippe-Bad-Salzuflen | 125,0 | 132,5 | -135,0 | 132,5 | 132,5 | 90,1 | 65 | 3 |
| Schöler, Tim | 79,50 | 0,6854 | 2001 | SV 1956 Großkochberg | 112,5 | 120,0 | 125,0 | 125,0 | 125,0 | 85,7 | 44 | 4 |
| Rinn, Cedric Oliver | 80,50 | 0,6800 | 2003 | A.C.E. 1974 Gießen | 120,0 | -125,0 | -125,0 | 120,0 | 120,0 | 81,6 | 63 | 5 |
| Griebner, Meiko | 80,30 | 0,6811 | 2004 | AC-Lauchhammer | 105,0 | 110,0 | -112,5 | 110,0 | 110,0 | 74,9 | 61 | 6 |
| | | | | | | | | | | | | |
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blau markierte Versuche=DR

Hauptkampfrichter
NAME: Karina Müller-Freye
ID-Nummer: 4028

Seitenkampfrichter
NAME: Marco Schmid-Gursky
ID-Nummer: 4515

Seitenkampfrichter
NAME: Diethard Lange
ID-Nummer: 3712



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 7b

10.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|-------------------------------|--------|--------|------|-----------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer Jugend -93 kg | | | | | | | | | | | | |
| Schiller, Janes | 86,60 | 0,6515 | 2003 | TG Veitshöchheim | 117,5 | 120,0 | 125,0 | 125,0 | 125,0 | 81,4 | 2 | 1 |
| Glok, Max | 91,70 | 0,6325 | 2001 | VfB Friedrichshafen | 110,0 | 120,0 | -122,5 | 120,0 | 120,0 | 75,9 | 8 | 2 |
| Siegert, Drago | 91,60 | 0,6328 | 2004 | AC Rüdersdorf | 95,0 | -100,0 | -100,0 | 95,0 | 95,0 | 60,1 | 28 | 3 |
| Förtsch, Sidney | 87,00 | 0,6499 | 2001 | KSV Zillbach | 87,5 | 92,5 | -95,0 | 92,5 | 92,5 | 60,1 | 53 | 4 |
| Männer Jugend -105 kg | | | | | | | | | | | | |
| Gallert, Jannis | 93,90 | 0,6254 | 2001 | KKSV Sonneberg | 120,0 | 130,0 | -135,0 | 130,0 | 130,0 | 81,3 | 46 | 1 |
| Wiban, Justin | 96,20 | 0,6186 | 2001 | SV Hellas 09 Oranienbaum | 107,5 | -112,5 | -112,5 | 107,5 | 107,5 | 66,5 | 47 | 2 |
| Floß, Jonas-Rene | 102,80 | 0,6021 | 2003 | SV Rotation Langenbach | 100,0 | 105,0 | -107,5 | 105,0 | 105,0 | 63,2 | 27 | 3 |
| Grasnick, Sebastian | 97,20 | 0,6158 | 2004 | AC-Lauchhammer | 82,5 | 87,5 | 90,0 | 90,0 | 90,0 | 55,4 | 43 | 4 |
| Litzrodt, Max | 98,50 | 0,6123 | 2004 | Kraftsportverein Weissensee | 72,5 | 82,5 | -85,0 | 82,5 | 82,5 | 50,5 | 20 | 5 |
| Männer Jugend -120 kg | | | | | | | | | | | | |
| Kruse, Till | 109,20 | 0,5898 | 2001 | SV Quitt Ankum 1919 | 147,5 | -155,0 | -155,0 | 147,5 | 147,5 | 87,0 | 41 | 1 |
| Kirsch, Karl | 116,90 | 0,5786 | 2003 | KSV Zillbach | 90,0 | 97,5 | -100,0 | 97,5 | 97,5 | 56,4 | 16 | 2 |
| Loszkorih, Alex | 119,40 | 0,5756 | 2002 | Kraftsportverein Weissensee | 70,0 | 75,0 | -80,0 | 75,0 | 75,0 | 43,2 | 32 | 3 |
| Männer Jugend +120 kg | | | | | | | | | | | | |
| Taschner, Moritz | 140,30 | 0,5586 | 2002 | AC Bavaria Forchheim 1908 | 160,0 | -175,0 | -182,5 | 160,0 | 160,0 | 89,4 | 6 | 1 |
| Männer Junioren -93 kg | | | | | | | | | | | | |
| Opitz, Vincent | 91,80 | 0,6321 | 2000 | VfB Klötze 07 | 145,0 | 150,0 | -155,0 | 150,0 | 150,0 | 94,8 | 68 | 1 |
| Hofmann, Johannes | 89,70 | 0,6395 | 2000 | Gothaer Bierfassheberverein | 130,0 | -135,0 | 135,0 | 135,0 | 135,0 | 86,3 | 72 | 2 |
| Glok, Dennis | 87,50 | 0,6479 | 1998 | VfB Friedrichshafen | 122,5 | 127,5 | -135,0 | 127,5 | 127,5 | 82,6 | 3 | 3 |
| Greger, Florijan | 89,40 | 0,6406 | 2000 | SV Quitt Ankum 1919 | 110,0 | 117,5 | 125,0 | 125,0 | 125,0 | 80,1 | 38 | 4 |
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Hauptkampfrichter
NAME: Karina Müller-Freye
ID-Nummer: 4028

Seitenkampfrichter
NAME: Marco Schmid-Gursky
ID-Nummer: 4515

Seitenkampfrichter
NAME: Diethard Lange
ID-Nummer: 3712



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 7c

10.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|--------------------------------|--------|--------|------|--|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer Junioren -59 kg | | | | | | | | | | | | |
| Wegener, Dominik | 56,80 | 0,8979 | 2000 | KKSV Sonneberg | 90,0 | 100,0 | 105,0 | 105,0 | 105,0 | 94,3 | 17 | 1 |
| Männer Junioren -83 kg | | | | | | | | | | | | |
| Zimmermann, Marius | 77,00 | 0,6999 | 1998 | Polizeisportverein Schwedt/O. | 150,0 | 157,5 | -162,5 | 157,5 | 157,5 | 110,2 | 29 | 1 |
| Kühl, Lukas | 81,00 | 0,6774 | 1997 | Schleswig 06 / 1. Schleswiger Sportverein 1906 | 120,0 | 130,0 | -135,0 | 130,0 | 130,0 | 88,1 | 7 | 2 |
| Friedrich, Max | 80,30 | 0,6811 | 1998 | Kraftsportfreunde Erzgebirge | 125,0 | -130,0 | -130,0 | 125,0 | 125,0 | 85,1 | 64 | 3 |
| Pöppelmeier, Henning | 75,60 | 0,7086 | 1997 | KSV-Lippe-Bad-Salzuflen | -110,0 | 115,0 | -120,0 | 115,0 | 115,0 | 81,5 | 49 | 4 |
| Winopal, Robin | 79,90 | 0,6832 | 1998 | AC-Lauchhammer | 110,0 | 115,0 | -120,0 | 115,0 | 115,0 | 78,6 | 48 | 5 |
| Männer Junioren -105 kg | | | | | | | | | | | | |
| Flueras, Christian | 104,30 | 0,5990 | 1996 | Sanssouci Gym Potsdam | 177,5 | 182,5 | -190,0 | 182,5 | 182,5 | 109,3 | 30 | 1 |
| Montag, Adrian | 98,50 | 0,6123 | 1999 | Schwerathletik Verein Erfurt | 160,0 | 172,5 | -177,5 | 172,5 | 172,5 | 105,6 | 26 | 2 |
| Männer Junioren -120 kg | | | | | | | | | | | | |
| Baum, Fabian | 105,50 | 0,5966 | 1996 | Kraftsport Colonia | 180,0 | -190,0 | 190,0 | 190,0 | 190,0 | 113,4 | 51 | 1 |
| Barth, Alexander | | | 1998 | Schwerathletik Mannheim | | | | | | | | |
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Hauptkampfrichter
 NAME: Karina Müller-Freye
 ID-Nummer: 4028

Seitenkampfrichter
 NAME: Marco Schmid-Gursky
 ID-Nummer: 4515

Seitenkampfrichter
 NAME: Diethard Lange
 ID-Nummer: 3712



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 8a

10.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|-----------------------------|-------|--------|------|---------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer Aktive -59 kg | | | | | | | | | | | | |
| Meier, Rick | 58,55 | 0,8724 | 1988 | VFL Wildenfels | 110,0 | 115,0 | 117,5 | 117,5 | 117,5 | 102,5 | 59 | 1 |
| Bock, Alexander | 57,05 | 0,8941 | 1987 | KKSV Sonneberg | 70,0 | 80,0 | 85,0 | 85,0 | 85,0 | 76,0 | 40 | 2 |
| Männer Aktive -66 kg | | | | | | | | | | | | |
| Ziemer, Philipp | 65,45 | 0,7906 | 1990 | Greifenpower | -152,5 | 152,5 | - | 152,5 | 152,5 | 120,6 | 5 | 1 |
| Mameli, Marcello | 63,25 | 0,8139 | 1990 | KSV Fitnesskreis | 115,0 | 117,5 | 120,0 | 120,0 | 120,0 | 97,7 | 61 | 2 |
| Löwen, Daniel | 65,75 | 0,7877 | 1990 | SV Quitt Ankum 1919 | 97,5 | 105,0 | 107,5 | 107,5 | 107,5 | 84,7 | 47 | 3 |
| Thiele, Johannes | 64,30 | 0,8025 | 1990 | Annaberger Kraftsportclub | 95,0 | 102,5 | 105,0 | 105,0 | 105,0 | 84,3 | 24 | 4 |
| Iding, Frank | 65,90 | 0,7862 | 1995 | SV Quitt Ankum 1919 | 90,0 | 95,0 | 97,5 | 97,5 | 97,5 | 76,7 | 49 | 5 |
| Männer Aktive -74 kg | | | | | | | | | | | | |
| Kyriakidis, Niko | 71,30 | 0,7390 | 1990 | KSV Fitnesskreis | 150,0 | 155,0 | 157,5 | 157,5 | 157,5 | 116,4 | 70 | 1 |
| Haugk, Benjamin | 73,70 | 0,7214 | 1990 | Greifenpower | 145,0 | 150,0 | -152,5 | 150,0 | 150,0 | 108,2 | 37 | 2 |
| Kästner, Andreas | 73,65 | 0,7217 | 1984 | SV Kraft Eberswalde | 140,0 | -152,5 | -152,5 | 140,0 | 140,0 | 101,0 | 46 | 3 |
| Lam, Kevin | | | 1993 | AC Bavaria Forchheim 1908 | | | | | | | | |
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Hauptkampfrichter
 NAME: Josef Weiß
 ID-Nummer: 2974

Seitenkampfrichter
 NAME: Monika Anna Baniewicz
 ID-Nummer: 6099

Seitenkampfrichter
 NAME: Wolfgang Steidle
 ID-Nummer: 4087



Bundesverband Deutscher Kraftdreikämpfer e.V. Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 8b

10.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|-----------------------------|-------|--------|------|--|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer Aktive -83 kg | | | | | | | | | | | | |
| Blumenrath, Marc | 82,05 | 0,6721 | 1980 | Kraftsport Colonia | 170,0 | -177,5 | -177,5 | 170,0 | 170,0 | 114,3 | 73 | 1 |
| Hallmann, Henry | 82,10 | 0,6719 | 1988 | AC Bavaria Forchheim 1908 | 155,0 | 162,5 | 167,5 | 167,5 | 167,5 | 112,5 | 22 | 2 |
| Szekulla, Stephan | 83,00 | 0,6675 | 1982 | A.C.E. 1974 Gießen | 135,0 | -140,0 | -140,0 | 135,0 | 135,0 | 90,1 | 62 | 3 |
| Jäger, Moritz | 77,70 | 0,6957 | 1994 | KSC Frauenau | 100,0 | 107,5 | -112,5 | 107,5 | 107,5 | 74,8 | 34 | 4 |
| Jamal Kamal, Tahle | | | 1989 | KSV Lippe-Bad Salzuflen | | | | | | | | |
| Männer Aktive -93 kg | | | | | | | | | | | | |
| Scheel, Gerrit | 90,80 | 0,6356 | 1991 | Greifenpower | -195,0 | 195,0 | 200,0 | 200,0 | 200,0 | 127,1 | 43 | 1 |
| Krause, Marko Piyadeth | 89,85 | 0,6389 | 1988 | Berliner TSC | 175,0 | 180,0 | 185,0 | 185,0 | 185,0 | 118,2 | 63 | 2 |
| Wrobel, Dominick | 92,15 | 0,6310 | 1988 | KSV Bochum 1898 | -165,0 | 165,0 | -170,0 | 165,0 | 165,0 | 104,1 | 7 | 3 |
| Paulsen, Marco | 91,95 | 0,6316 | 1995 | Schleswig 06 / 1. Schleswiger Sportverein 1906 | 150,0 | 157,5 | 160,0 | 160,0 | 160,0 | 101,1 | 53 | 4 |
| Koch, Christoph | 91,55 | 0,6330 | 1995 | SG Motor Arnstadt | 157,5 | -165,0 | -170,0 | 157,5 | 157,5 | 99,7 | 58 | 5 |
| Neubert, André | 85,95 | 0,6542 | 1983 | Kraftsportfreunde Erzgebirge | 142,5 | 147,5 | -150,0 | 147,5 | 147,5 | 96,5 | 67 | 6 |
| Köhler, Michel | | | 1990 | SG Chemie Wolfen | | | | | | | | |
| Rydzynski, Lukasz | | | 1983 | STC Bavaria 20 Landshut | | | | | | | | |
| Volbers, Fabian | | | 1991 | Powerlifting Duisburg | | | | | | | | |
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Hauptkampfrichter
NAME: Josef Weiß
ID-Nummer: 2974

Seitenkampfrichter
NAME: Monika Anna Baniewicz
ID-Nummer: 6099

Seitenkampfrichter
NAME: Wolfgang Steidle
ID-Nummer: 4087



Bundesverband Deutscher Kraftdreikämpfer e.V.

Deutsche Meisterschaften im Bankdrücken RAW - Männer

Gruppe 8c

10.11.2019 in Coburg

| Name, Vorname | KG | Coef. | Geb. | Verein | Bankdrücken | | | SUB. | TOT. | Wilk's | Los | Platz |
|------------------------------|--------|--------|------|------------------------------|-------------|--------|--------|-------|-------|--------|-----|-------|
| | | | | | 1. | 2. | 3. | | | | | |
| Männer Aktive -105 kg | | | | | | | | | | | | |
| Scheel, Christoph | 101,95 | 0,6040 | 1985 | Greifenpower | -210,0 | 210,0 | 215,0 | 215,0 | 215,0 | 129,9 | 29 | 1 |
| Gerdt, Andreas | 101,25 | 0,6056 | 1987 | STC Bavaria 20 Landshut | 170,0 | 180,0 | -187,5 | 180,0 | 180,0 | 109,0 | 14 | 2 |
| Denk, Alexander | 94,45 | 0,6237 | 1986 | KSC Puch | 162,5 | -170,0 | -170,0 | 162,5 | 162,5 | 101,4 | 31 | 3 |
| Morgenroth, Tim | 100,25 | 0,6080 | 1991 | SV 1956 Großkochberg | 130,0 | 135,0 | -140,0 | 135,0 | 135,0 | 82,1 | 44 | 4 |
| Engeln, Marcel | | | 1985 | Kraftsport Lauter | | | | | | | | |
| Männer Aktive -120 kg | | | | | | | | | | | | |
| Patschke, Markus | 117,90 | 0,5774 | 1988 | KSV Bochum 1898 | 205,0 | 215,0 | -220,0 | 215,0 | 215,0 | 124,1 | 54 | 1 |
| Walter, Nikolaj | 119,00 | 0,5761 | 1982 | AC Siegen | 185,0 | 195,0 | -200,0 | 195,0 | 195,0 | 112,3 | 4 | 2 |
| Reichmeier, Simon | | | 1989 | KSC Frauenau | | | | | | | | |
| Männer Aktive +120 kg | | | | | | | | | | | | |
| Jahnke, Marcel | 124,10 | 0,5707 | 1981 | Greifenpower | -212,5 | 212,5 | 215,0 | 215,0 | 215,0 | 122,7 | 3 | 1 |
| Gerats, Oleg | 171,80 | 0,5422 | 1991 | Schwerathletik Verein Erfurt | -210,0 | 210,0 | -217,5 | 210,0 | 210,0 | 113,9 | 26 | 2 |
| Ajlouni, Amer | 167,70 | 0,5443 | 1981 | Fitness-Club Rhein-Main | 200,0 | -210,0 | -210,0 | 200,0 | 200,0 | 108,9 | 48 | 3 |
| Harloff, Sven | 122,65 | 0,5721 | 1981 | Greifenpower | -155,0 | 155,0 | -160,0 | 155,0 | 155,0 | 88,7 | 38 | 4 |
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Hauptkampfrichter
 NAME: Josef Weiß
 ID-Nummer: 2974

Seitenkampfrichter
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 ID-Nummer: 6099

Seitenkampfrichter
 NAME: Wolfgang Steidle
 ID-Nummer: 4087